

Creative Soul Retreat

Just In Case Supply List:

Bookbinding:

Box (Book, Davey) Board 3mm thick*:

4 pcs 20cm by 14cm

4pcs 20cm by 1.5cm

4pcs 21.5cm by 15.7cm

4 pcs 8 ½" x 11" pcs cardboard (like the inside of a cereal box)

1ft end band

2ft bookcloth (colour to coordinate with your velvet cover)

Kraft Knife or scalpel

Awl - thin

Waxed Linen – colour of your choice

Ink: Tim Holtz Distress Inks (brand only)

Brushed Corduroy, Antique Linen & inking foam of your choice

Antiquing Solution: Walnut ink liquid or crystals

Glues:

1 large bottle – PVA glue & 1 Glue stick (large)

Fabrics:

½ yard good quality non stretch velvet your colour choice

½ yard polyester Tapestry Upholstery fabric

Tools

12inch metal ruler – wooden rulers are not permitted in my workshops (safety)

Scissors for fabric and paper

2 or 3 flat cheap medium paint brushes (old is good)

Eyelet setter, Self healing mat & small hammer

Japanese screw punch (1/8th inch punch) or a Crop-a-dile

Dremel* with a round sanding bit & **Heat gun**

Papers:

2 pcs 8½" x 11" ornate or marbled papers

8pcs 20cm by 14cm ornate or marbled papers

Photos:

8, 6"x4" or 5"x3" family or friend's studio or portrait sepia toned photos.

Other:

1pkt 1/8th short and long eyelets (brown, black, copper or brass) & brads

3 sheets - 8½" x 11" very thin pieces of **foam** (3mm) (goes between your cover and your boards for a spongy effect)

Sanding Block – (fine and medium grain, usually comes on the same block from a hardware store)

Suggested non essentials to enhance your project

Ephemera, vintage texts, book covers, papers, found objects or memorabilia that relate to photos

Mica, stained glass window pieces, same size as photos

Self adhesive copper tape – the wider variety

Chain - not too heavy for possibly attaching photos

Small bits of fabric

Aged Copper or 19 or 20 or 22 gauge craft wire (annealed)

Note:

Please do not spend a lot of money on your book board – some shops charge ridiculous prices to have it cut. I can provide the boards for you

*Dremel

I will be demonstrating a lot with a dremel however I will not be lending any students my dremel as the cost to replace it is too high in Australia.

Some of my attachments are triple the price here, therefore here are some bits that I use constantly with my books

407 1/2" Sanding Drum



543 Cutting/Shaping Wheel (for wood cutting)



EZ456 EZ Lock 1-1/2" Cut-off Wheels (5 Pack) You can buy 1 if you like -0 this is for cutting metals



EZ402 EZ Lock Mandrel



4485 Quick Change Collet Nut Set



Small drill bits for drilling fine holes on book-board or wood or metals.

If you have a dremel then it will probably have come with an accessory kit, bring it please.